



## Want to verify your insurance benefits?

We continue to contract with more health insurance plans, if you don't see your plan, make sure to ask your benefits representative if they will accept a "Superbill."

Limited Insurance Panels are accepted including:

- **California**
  - Kaiser
- **Washington**
  - Medicare

You will grab your insurance card, call the member service number on the back of the card and follow these steps:

Your insurance provider will request the following information:

- Group NPI Number for Nutritional Ascent: 1255110813
- Individual Provider: Joanne Llaury-Marks 1669164703
- Ask if you have coverage for CPT codes 97802 for Initial Nutrition appointment and 97803 for Nutrition follow up appointments
- They will also request an ICD-10 code. Pick the common code you feel best matches your health concern.
  - Overweight (E 66 . 3)
  - Obesity (E 66 . 9)
  - Pre - diabetes (R 73 . 03)
  - Diabetes, Type 2 (E 11 . 9)
  - High cholesterol (E 78 . 1)
  - High blood pressure (I 10)
  - Eating Disorder, Anorexia Nervosa (F 50 . 00)
  - Eating Disorder, Bulimia (F 50 . 2)
  - Eating Disorder, Binge Eating (F 50 . 81)
  - Eating Disorder, Other (F 50 . 9)
  - IBS (K58.9)
  - IBD, Ulcerative Colitis (K 51 . 90)
  - IBD, Crohn's (K 50 . 90)
  - Celiac Disease (K 90 . 0)

### You will want to ask the following questions?

Write down if you have a deductible to meet:

Write down if you have a copay or coinsurance per visit:

Write down if you have a visit limit:

Write down the day and time of the call, along with the name of the representative and a REFERENCE number for the call:

**If you need a referral form, please contact us.**